

PSYCHIATRY CONNECTION



POSITION STATEMENT ON SYSTEMIC RACISM

In lieu of "The Chairman's Corner," Dr. Scott Rodgers wishes to highlight the Department of Psychiatry and Human Behavior's position statement on systemic racism, written by members of our faculty and staff:

The faculty, staff, and trainees in the Department of Psychiatry and Human Behavior are deeply concerned about national events related to social injustices that have resulted in discrimination, victimization, and deaths of Black Americans. The department categorically condemns systemic racism and acknowledges its destructive and divisive effects on our society and the ties that bind us all as members of the human race. We will continue to foster a diverse and inclusive community, provide a safe and affirming environment for all members of the department and our patients, and offer equitable and inclusive mental health care for all who seek our services. We are aware that many forms of social injustice are associated with poorer mental health outcomes, and we pledge to be at the forefront of combating such injustices and mental health care disparities. We believe that trainee education on these issues is key to putting our nation on a path of social harmony and achieving equal treatment for all persons. Our department is devoted to the task of practicing and teaching the historical, philosophical, and ethical tools needed to shape a world in which social injustice is not tolerated. We commit ourselves to the work of being compassionate advocates for equality and justice for all persons.

IN THIS ISSUE

MATCH 2020

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Match 2020

With great excitement, we would like to welcome our new 2020-2021 Psychiatry and Psychology residents!



NEW House Officers
Psychiatry Residency Training Program
Incoming Class of 2020-21

ADULT TRACK RESIDENTS



Anna Sabrina Deleon
Texas Tech University
Health Sciences Center School of Medicine



Marjorie McCoy
Marshall University
Joan C. Edwards School of Medicine



Avani Kishor Patel
University of Mississippi Medical Center

ADULT TRACK/CHILD TRACK RESIDENTS



John Hopkins
William Carey University
College of Osteopathic Medicine



Yasmin N. Parlee
University of Mississippi Medical Center



Kaitlyn Paige Salter
University of Mississippi Medical Center

The adult psychiatry residency has had an exciting and productive recruitment season. This year, we added a child track to our recruitment offerings. This track allows interested applicants to match into both their adult residency position and their future child psychiatry fellowship position in the same match. These integrated track residents will also have access to additional pediatric/child psychiatry training opportunities during their adult residency years. Interest in the new integrated track was high, and we successfully filled three child track positions in addition to three general psychiatry positions.

The UMMC Psychology Residency Program recently filled six positions for the 2020-2021 training year in the psychology internship match with outstanding trainees from across the country. The 2020-2021 Psychology Residents will begin their training at UMMC on July 1st.



The Psychology program would like to thank our program administrator, Kristy Herbison, for all of her efforts coordinating our interview days and all of our program faculty who participated in interviewing applicants in individual and group formats.

2020
Child Psychology Track Residents
2021



Kara Nayfa
Mississippi State University



Francesca Penner
University of Houston



Kimberly Barajas
University of Southern Mississippi

Adult Psychology Track Residents



Kerry Kinney
University of Illinois at Chicago



Aishwarya Rajesh
University of Illinois at Urbana-Champaign



Kevin McKenna
Palo Alto University

The Division of Neurobiology and Behavior Research



Donna Platt, Ph.D.
Professor and Director
of Neurobiology and
Behavior Research

As work and home life have been changing rapidly due to the COVID-19 pandemic, it is nice to be able to reflect back on DNBR's activities and achievements during a less chaotic first few months of the year! As always, our productivity (accepted manuscripts and research presentations) reflects our healthy research programs and the growth of new collaborations. However, DNBR faculty are more than just researchers! I'd like to highlight the recent accolades received by Dr. Roya Moulana for her efforts in promoting diversity and inclusion. Under Dr. Moulana's leadership when serving as President of UMMC's Group on Women in Medicine and Science (GWIMS), the chapter was awarded the "2019 Group on Women in Medicine and Science (GWIMS) Emerging Leadership Award for an Organization," Dr. Moulana accepted the award in November 2019 at the AAMC annual meeting in Phoenix, AZ. In January of this year, Dr. Moulana received the 2020 Beacon Award as part of the 2020 Pillars: Recognition of Service & Inclusive Excellence by UMMC's Office of Diversity and Inclusion. Dr. Moulana then went on to receive the Institute of Higher Education Excellence in Diversity and Inclusion award in February for serving as a role model and strong advocate for the advancement of diversity at the University of Mississippi Medical Center and in the state of Mississippi. Way to go Roya! See pictures below from her many award ceremonies!

Congratulations!

GWIMS EMERGING LEADERSHIP AWARD FOR AN ORGANIZATION

*Presented to
University of Mississippi Medical Center's
Group on Women in Medicine and Science*

*Award accepted by Dr. Mohadetheh Moulana
at the AAMC Annual Meeting - Nov 2019*



The Division of Neurobiology and Behavior Research

DNBR publications since December 2019:

Athey AJ, Beale EE, Overholser JC, **Stockmeier CA**, Bagge CL (2020) Acute stressors and clinical characteristics differentiate death by suicide, accident, or natural causes among illicit and prescription opiate users. *Drug Alcohol Depend* in press

Cabello-Arreola A, Ho AMC, Ozerdem A, Cuellar-Barboza AB, Kucuker MU, Heppelmann CJ, Charlesworth CM, Mahajan G, **Stockmeier CA**, **Rajkowska G**, Frye MA, Choi D-S, Veldic M (2020) KCNQ3 downregulation in the DLPFC of suicide completers: A proteomic study. *Gene* in press

Duke AN, **Platt DM**, **Rowlett JK** (2020) Tolerance and dependence following chronic alprazolam treatment: Quantitative observation studies in female rhesus monkeys. *Psychopharmacology* in press

Libarino-Santos M, de Santana Santos ACG, Cata-Preta EG, Barros-Santos T, Nunes Brandão NR, Borges ALN, Santos-Baldaia R, Hollais AW, Baldaia MA, **Berro LF**, Marinho EAV, Frussa-Filho R, Oliveira-Lima AJ (2020) Role of the treatment environment in the effects of aripiprazole on ethanol-induced behavioral sensitization and conditioned place preference in female mice. *Drug Alcohol Depend* in press

Martin V, Lionel M, Diaz J, Salman H, Alterio J, Chevarin C, Lanfumey L, Hamon M, Austin M, Darmon M, **Stockmeier CA**, Masson J (2020) The 5-HT_{1A} receptor chaperone Yif1B is critically involved in depression-related behaviors and SSRI-induced antidepressant effects - Studies in mice, monkeys and human. *J Psychiatry Neurosci* in press

Perez J, Beale E, Overholser J, Athey A, **Stockmeier C** (2020). Depression and alcohol use disorders as precursors to death by suicide. *Death Studies* in press

Stevens MW, **Rüedi-Bettschen D**, Gunnell MG, Tawney R, West CM, Owens SM (2020) Antibody production and pharmacokinetics of METH in rats following vaccination with the METH vaccine, IXT-v100, adjuvanted with GLA-SE. *Drug Alcohol Depend* in press

Zamarripa CA, Naylor JE, **Huskinson SL**, Townsend EA, Priszczano TE, **Freeman KB** (2020) Kappa opioid agonists reduce oxycodone self-administration in male rhesus monkeys. *Psychopharmacology* in press

DNBR presentations since December 2019:

Eric Vallender: "Physiological and genetic effects on the gut microbiome of rhesus macaques" presented at the Mississippi Academy of Sciences meeting in Biloxi, MS in February.

The Division of Psychology



Jefferson Parker, Ph.D.
Division Director,
Psychology

This is an exciting time of year for the Division of Psychology! We are proud of the accomplishments of our outgoing class of Psychology Residents. I am astounded at the number of spontaneous compliments I've heard about their skills, attitudes, and work ethic of the course of the year! At the same time, we eagerly welcome our new class. They will start their clinical rotations on July 8.

As I assume the role of Division Director, I am very mindful that I step into the shadow created by the remarkable legacy of Scott Coffey and the capable and forward-looking leadership of Dan Williams. It is truly a privilege to be here and to be doing this!

I believe our future as a Division is full of promise, with accomplished faculty such as Julie Schumacher, David Elkin, Crystal Lim, Danny Burgess, and Matt Morris on the one hand, and new faculty such as Tanja Seifen and Alli Delozier on the other. Now, adding to our "youth movement," we welcome Nick McAfee, whose clinical efforts will be in Student Counseling and Wellness.



Welcome,
Nick McAfee

The Division of Adult Psychiatry



Mark Ladner, M.D.
Division Director, Adult
Psychiatry

The Adult Division responded very well during our COVID-19 crisis. We have worked together to keep both our inpatient and outpatient services running. This included a major transformation to telehealth for our Riverchase Outpatient Psychiatry program in less than a week. I am proud of the dedication and courage I have seen in our division. We did have a new addition to our staff recently. Linda Thomas is a nurse practitioner who joined our division not long before the pandemic hit. She has done a good job learning our systems with a focus on outpatient work and is working well with our team. Unfortunately, Kim Rooks has left the division. Also, Sophia Kang will be transitioning out of the Riverchase outpatient clinic soon to focus on the sleep clinic.

The Division of Child Psychiatry



Beverly Bryant, M.D.
Division Director, Child
Psychiatry

We would like to congratulate our senior child and adolescent fellow, Cesar Cardenas, for completing his adult training and the first year of his fellowship. He is now a board eligible adult psychiatrist.

We are also proud to welcome Dr. Jonathan "Dustyn" Baker into his first year of our Child and Adolescent Psychiatry fellowship.

We currently have 5 residents in our integrated track for child psychiatry: Drs. Sara Porter, Seth Kalin, Kaitlyn Salter, Yasmin Partee, and Worth Hopkins.

This is an exciting time in child psychiatry!

BEST WISHES, DR. DHOSSCHE



Members of the Child Division and other faculty members were sorry to say goodbye to Dr. Dirk Dhossche in February. Dr. Dhossche was a highly valued and respected Professor who was the founding Medical Director for 3 Circle. He is also an international expert on catatonia. He left UMMC to take a new position in Spokane, Washington.

Psychiatry Student Interest Group



Sara Gleason, M.D.
Vice Chair of Faculty
Development

The Psychiatry Student Interest Group began the year with an introductory meeting featuring Dr. Scott Rodgers as a guest speaker. The meeting was attended by many new members and Dr. Rodgers shared his personal experience of what it was like to practice psychiatry and gave invaluable advice about applying for a psychiatry residency. He also made sure to emphasize that no matter what field of medicine one decides to practice, they will treat patients with psychiatric issues. He stressed that in order to recognize these patients and treat them effectively and compassionately, a physician must have experience and knowledge of psychiatry.

In order to give students this experience, PsychSIG continued its tradition of offering psychiatry shadowing opportunities throughout the year. These opportunities are open to both members and non-members and give students a chance to work with residents and attendings on the psychiatric wards for the day. Many students, especially first year medical students, felt that by shadowing they gained a greater understanding of the field. Unfortunately, in order to optimize safety and continue efforts to limit the spread of COVID-19, UMMC has determined that educational observation/shadowing will not be allowed on UMMC campuses for the rest of this calendar year.

While on the wards, the students may have seen The Clothing Closet in action. This service provides clothes and shoes to psychiatric patients in need at the hospital. These clothes allow patients to have an alternative to hospital gowns while they recover and to leave the hospital in the best possible circumstances. The PsychSIG is currently planning a project to help expand The Clothing Closet through donations.

Speaking of donations, the PsychSIG Bake Sale was incredibly successful. The bake sale this year was Mardi Gras themed and the goodies sold this year included king cake, cookies, and muffins. At the end of day only a few baked goods remained. The money raised from the bake sale will be used to fund further club meetings and projects. In a future meeting, the club is hoping to do a Q&A panel with a few of the psychiatry residents.

Adult Psychiatry Residency



Joy Houston, M.D.
Program Director,
Adult Psychiatry

Although this is a truly exciting time of year, it also highlights that we say goodbye to residents who have spent four years training with us. In June, we said farewell to two senior residents and one PGY3 resident who will be leaving our program to join our fellowship here in Child and Adolescent Psychiatry. We wish the following departing residents the best of luck in their future careers!

Frank Perkins IV, graduating PGY4 and outgoing co-Chief Resident

Muhaiminur Rahman, graduating PGY4 and outgoing co-Chief Resident

Jonathan Dustyn Baker, departing PGY3 resident

Several of our residents attended the annual Louisiana/Mississippi Psychiatric Association joint meeting in February, and we are proud to say that many of them took home awards from the poster competition!

Congratulations are also due for PGY2 Sara Porter, who has been named as a recipient of a Gold Humanism and Excellence in Teaching Award for this academic year!

We appreciate the ongoing efforts of all of our residents and faculty to care for patients during this COVID-19 crisis and hope that everyone is staying safe and connected despite the need for physical distancing.

Psychology Residency



Crystal Lim, Ph.D.
Program Director,
Psychology
Residency

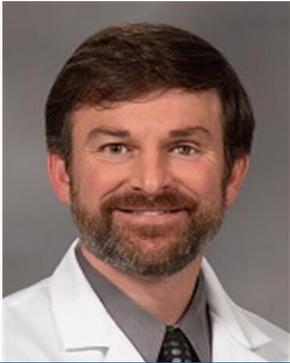
The UMMC Psychology Residency Program is pleased to announce that we awarded the second annual Scott F. Coffey, Ph.D. Grand Rounds Speakership Research Award. The award is named after Dr. Scott F. Coffey, who was a faculty member in the UMMC Department of Psychiatry and Human Behavior from 2004 to 2019. He helped bring the Psychology Training Program and Division of Psychology to national prominence for excellence in research, evidence based practice, mentorship, and whose career embodied the mission and vision of the Psychology Residency Program. In addition to serving as the Division Director of Psychology and Vice Chair for Research in the department, Dr. Coffey was known internationally for his research in the areas of PTSD, substance use disorders, and treatments for these disorders, as well as for his valuable research mentorship to psychology interns, post-docs, and junior faculty members throughout his career.

The winner of this award is determined by using a form and process developed by the program’s Research Training Oversight Committee and is approved by the Resident Training Committee. Program faculty who attended psychology resident research rounds presentations rated each talk on the following professional competencies: research, ethics, diversity, professional values, and communication. After careful tallying and review of the ratings, the resident with the average highest ratings overall is selected to receive the award. The winner of the award was Rory Pfund, who presented his grand rounds talk “Engagement in Psychological Treatment for Problem Gambling and Gambling Disorder” on February 7th.

Rory Pfund, M.S., psychology resident, delivering his Scott F. Coffey, Ph.D. Grand Rounds Speakership Research Award winning Psychiatry Grand Rounds presentation on February 7, 2020.



Center for Integrative Health



**Danny Burgess,
Ph.D.**
Director

The Center for Integrative Health (CIH) first opened its doors one year ago in March. We are excited about the significant growth and success of this center in such a short period of time. For those who are not familiar with the CIH, we help individuals with chronic medical conditions develop and implement targeted lifestyle changes in the areas of physical activity, nutrition, sleep hygiene, emotion regulation, and medical management. Through the integrative use of conventional treatments and complementary methods, the emphasis is on the individual's natural capacity for healing to evolve from a state of illness to a life of wellness. Below are highlights of what has been achieved over the past year at the CIH:

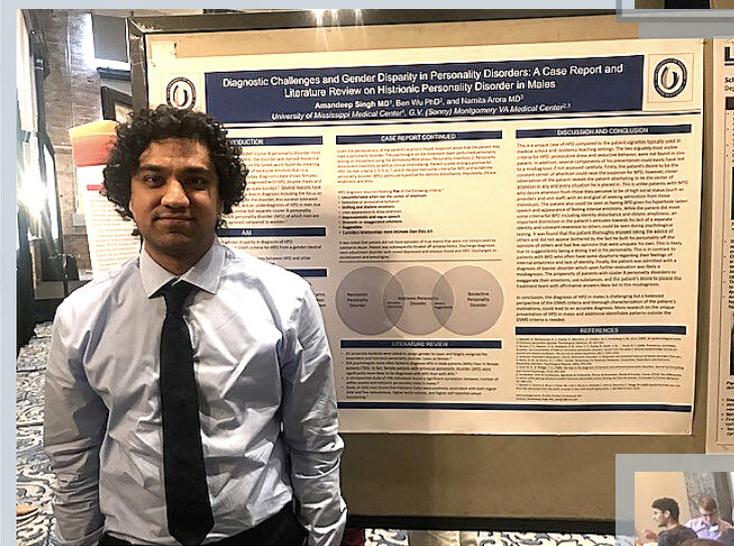
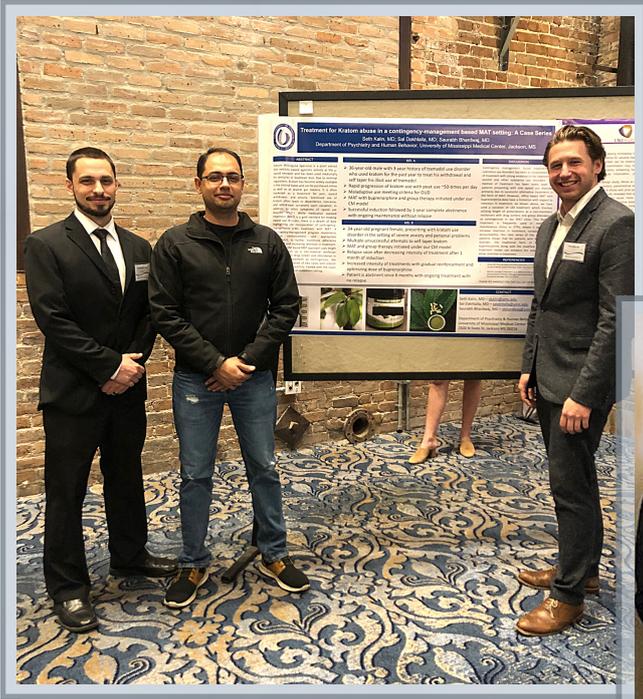
- Partnered with the Department of Preventive Medicine to include the Lifestyle Medicine program and added two new members to the CIH team: Josie Bidwell (family nurse practitioner) and Fiona Lewis (dietician)
- Matt Morris, PhD joined the CIH team to provide clinical services, as well as begin to develop a research program
- Diana Jimenez Gonzalez joined the CIH team as the full-time center manager Increased clinic days from 2.5 days a week to 4.5 days a week
- Developed an integrative pediatric clinic for children and adolescents to address chronic pain, weight management, and chronic illness, which will include treatment from a nurse practitioner, physical therapist, and psychology resident
- Developed both Core and Aquatics group therapies
- Collaborated with Mississippi College to help develop an integrative health curriculum for Master-level counseling program
- Set up clinical rotations with both adult and child emphasis for psychology residents from the Psychology Internship Training Program
- Partnered with the School of Health Related Professions to serve as an externship site for the Occupational Therapy doctoral program capstone project



Department Highlights



MPA/LPA Joint Meeting
February 7-9, 2020



Top Left: Sal Dakhalla, M.D., Saurabh Bhardwaj, M.D., and Seth Kalin, M.D., presented a poster on Kratom at the Annual MPA Conference in New Orleans in February.

Top Right: Philip Merideth, M.D., Dustin Sarver, Ph.D., Savannah Norfleet, and Cesar Cardenas, M.D., gave a presentation about their work on the CHAMP Grant at the Annual MPA Conference.

Above: Amandeep Singh, M.D., presented his poster on Diagnostic Challenges and Gender Disparity in Personality Disorders at the Annual MPA Conference.

Right: Psychiatry Residents at the MPA Conference



Department Highlights

Congratulations to
Dr. Joy Houston
for receiving the
**2020 UMMC GWIMS
Shining Star Award**

HONORING DISTINGUISHED INDIVIDUALS
WHO HAVE SUBSTANTIALLY IMPACTED
AND MADE SIGNIFICANT CONTRIBUTIONS
TO THE UMMC COMMUNITY AND THE
LARGER COMMUNITY AS A WHOLE



Lillian Joy Houston, MD
Associate Professor
Director, Adult Psychiatry Residency Program
Director, Psychiatric Emergency Service



Riverchase
Outpatient Clinics
opened in March
2020

Below: Dustyn Baker,
M.D. and Frank "Finn"
Perkins, M.D.
represented MPA at
Capitol Day, February
19, 2020



CONGRATULATIONS!

**Kaitlyn Salter
and Adam Niolet**

2020 Outstanding Senior
MEDICAL SCHOOL AWARD
In Psychiatry



In collaboration with the
Mississippi Psychiatric Association



Department Highlights

Recently, Drs. Scott Rodgers and Joy Houston were featured in an episode of PBS' new short-form digital series, **PRIDELAND**, hosted by actor Dyllón Burnside, "exploring LGBTQ+ Identity in the U.S. South." **Episode 5** of the six-episode series, titled "**Championing LGBTQ+ Healthcare in Mississippi**," highlighted the **TEAM Clinic**, and was filmed on location in the clinic.

The episode, released June 23, is available on YouTube and PBS.org. Click here to watch.



Episode 5: "Championing LGBTQ+ Healthcare in Mississippi"

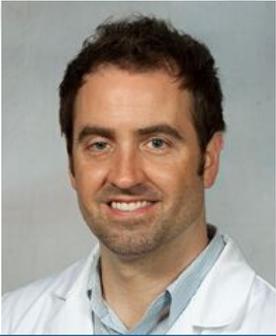
Premieres: Tuesday, June 23 on PBS Voices

Description: Dyllón Burnside meets Scott Rodgers, M.D. and Lillian J. Houston, M.D., two doctors who founded the Center for LGBTQ Health at the University of Mississippi Medical Center, one of the few LGBTQ+ clinics in Mississippi to provide quality healthcare without fear of discrimination. In many parts of the South it's legal for doctors to deny services to LGBTQ+ people based on their religious beliefs. To make matters worse, the South has the highest concentration of people living with HIV/AIDS in the U.S. These doctors and their team are determined to address these issues head-on.

Department Highlights

Inaugural Year of the Resident Scholarship Program Ends in a Blitz

Kevin B. Freeman, Ph.D., Associate Professor, Director of the Office of Medical Student and Resident Research



Kevin Freeman,
Ph.D.

At the outset of the academic year, the Department of Psychiatry and Human Behavior introduced Curriculum 2020, an array of initiatives designed to improve and modernize student and resident education in the science and treatment of mental health. Among these initiatives, a new program was introduced to increase resident engagement in research and scholarship. In designing the curriculum, Dr. Scott Rodgers noted that many residents fail to engage in scholarly work in part because the term “research” often invokes images of long hours conducting bench science in laboratories, far removed from the familiarity of the clinical training environment. The solution according to Dr. Rodgers was to widen the scope of the areas of emphasis for scholarly engagement to better capture the broad range of interests among residents. This new approach would emphasize the more general term “scholarship”, defined as knowledge acquired by study, in lieu of “research” as the conceptual core of the program.

The Resident Scholarship Program was formally introduced at the outset of the 2019-2020 academic year, and it offered five areas of scholarly emphasis from which each resident could develop a project: 1) Biobehavioral Research (clinical or preclinical), 2) Medical Education, 3) Medical Ethics and Law, 4) Public Outreach and Community Engagement, and 5) Arts and Literature. The common requirements for all areas of emphasis were that the topic of study must relate to the field of psychiatry, and the information obtained through study must be disseminated in some way. All residents were paired with faculty mentors with appropriate expertise and interest. Topics were selected from multiple areas of emphasis, and projects progressed through the year. Unfortunately, COVID-19 significantly disrupted projects as residents paused curriculum-related activities to prepare for the local impact of the pandemic. Moreover, meetings at which many residents had registered to present their findings were cancelled, both locally and nationally.

In order to provide an official venue for presentations, we planned a program using a “Blitz Talk” format, which is generally comprised of a series of five minute presentations with five or fewer slides. This format has been increasingly used to facilitate inclusion of more content within shorter time frames at conferences with the idea that presenters can communicate core information to attract audience members for further discussion later (e.g., to explore collaborations or share findings). On June 26, we hosted the Psychiatry Resident Scholarship Blitz, a two hour web session during which the residents presented their work in blitz-talk format. Faculty, staff, and medical students were in virtual attendance for the talks and were key participants in the lively question-and-discussion period following the completion of the presentations. Notably, with the exception of the departed seniors (PGY-4), all residents conducted work and were represented in the program (25 in all).

We look forward to hosting the Psychiatry Resident Scholarship Blitz again next year, though hopefully in person at that time.

(Continued on next page)

Department Highlights



The Inaugural Psychiatry Resident Scholarship Blitz

A Curriculum 2020 Program

Sponsored by the Department of Psychiatry and Human Behavior

June 26, 2020; 1:00 – 3:00 PM

- 1:00 - 1:05 Introduction – Dr. Kevin Freeman
- 1:05 - 1:10 **Dr. Dustyn Baker:** Assessment of methamphetamine use as a predictor of severity of psychosis in the ED (Mentor: Dr. Saurabh Bhardwaj)
- 1:10 - 1:15 **Dr. Krutika Chokhawa:** A trip down memory lane: A literature review of the history of psychedelics and the potential of psilocybin as a psychopharmacological agent (Mentor: Dr. Kevin Freeman)
- 1:15 - 1:20 **Dr. Sal Dakhllalla:** Treating kratom addiction: A case series (Mentor: Dr. Saurabh Bhardwaj)
- 1:20 - 1:25 **Dr. Jennie Katherine Ellis:** A case of Charles Bonnet Syndrome: An intersection of neuro-ophthalmology and psychiatry (Mentor: Dr. Jeff Ali)
- 1:25 - 1:30 **Dr. Joshua Trull:** Telepsychiatry: Potential, pitfalls, and the patient perspective (Mentor: Dr. Joy Houston)
- 1:35 - 1:40 **Dr. Justin Jones:** Narrative medicine (Mentor: Dr. Joy Houston)
- 1:40 - 1:45 **Dr. Seth Kalin:** Building resiliency through mindfulness training for health care practitioners (Mentor: Dr. Scott Rodgers)
- 1:45 - 1:50 **Dr. Sovanarak Lek:** Opioid addiction: Medication-assisted treatment with telemedicine (Mentor: Dr. Jeff Parker)
- 1:50 – 1:55 **Drs. Jeremiah Ellingsworth, Hunter McLendon, Perry Morgan, Sara Porter, Veronica Pritchard, Campbell Reynolds, and Andrew Rezk (co-presenters):** What we learned about learning: Improving M2 psychiatry small groups: A brief presentation (Mentor: Dr. Ian Paul)
- 1:55 – 2:00 **Drs. Mason Jahnke and Mary Claire Meeks (co-presenters):** Calamities in catatonia: A case report asking you to consider catatonia as its own distinct disorder (Mentor: Dr. Dirk Dhossche)
- 2:00 - 2:05 **Dr. Bhargav Muppaneni:** Stigma of schizophrenia endorsed by physicians and future directions (Mentor: Dr. Jessica Brooks; Columbia)
- 2:05- 2:10 **Dr. Yolanda Ross:** Medication approaches to treating adult patients with autism spectrum disorder (Mentor: Dr. Jeff Ali)
- 2:10 – 2:15 **Dr. Ali Sibley:** Addressing depression with/without coexisting anxiety in community-dwelling persons with dementia (Mentor: Dr. Mark Kunik; Baylor)
- 2:15 – 2:20 **Drs. Mohanasruthi Sanku and William Silver (co-presenters):** A new road map for mental health services in Mississippi (Mentor: Dr. Philip Merideth)
- 2:20 – 2:25 **Dr. Vladimir Tchikrizov:** Discrepancies in bipolar disorder diagnosis and treatment between African American and Caucasian populations at UMMC (Mentor: Dr. Eric Vallender)
- 2:25 – 2:30 **Dr. Lakeshia Gibson:** Aggression vs non-aggression in PD (Mentor: Dr. Jeff Ali)
- Dr. Amandeep Singh (Archived, non-presenting):** Diagnostic challenges and gender disparity in personality disorders: A case report and literature review on histrionic personality disorder in males (Mentor: Dr. Namita Arora)
- 2:30 – 3:00 Questions and discussion



NARRATIVE MEDICINE

- In many patients' perspectives, doctors appear to "have lost sight of what matters"
 - Not listening, appearing disinterested, interrupting patient's expression, make assumptions, and often do not address patient concerns
 - Less warmth and overall empathy
- "Meaning is derived from the stories we tell"
 - Near universal applicability to all fields
- Organic response to a number of issues
 - Burnout
 - Compassion fatigue
 - Poor therapeutic alliance → Poor treatment adherence
 - Ultimately these all lead to: Poorer treatment outcomes



Introduction

- Charles Bonnet Syndrome (CBS) is a condition in which visual hallucinations occur in a patient with visual field or acuity loss.
- This results from acquired damage along the neuro-ophthalmic tract stemming from a variety of etiologies. Location along tract does not matter.
- Spontaneous activity within visual cortex after interruption or damage to afferent pathways. A "phantom sight".
- Hallucinations can be simple or complex but insight is retained. An absence of other sensory disturbances.



From the Editor

Our new Staff Editor, Marie Porter, and I would like to thank everyone for their contributions to “Volume III, Number I” of the Department of Psychiatry and Human Behavior newsletter. Our goal for this publication is to spotlight all aspects of the life and work of our department. We believe that each member of our department brings strengths and perspectives to our work that make our department unique. In documenting the developments in our department, the newsletter depends on your submissions to communicate our message to UMMC and our readers on the internet. Your submissions can be announcements, upcoming events, promotions, awards, division activities, personal updates, and anything else of general interest to the department. Pictures with captions from department events are especially welcome.

In this edition, the newsletter proudly displays as our cover story the department’s “Position Statement on Systemic Racism.” Dr. Rodgers suggested that this statement be drafted as a group effort after conversations were held among members of the department about recent events that have affected the nation’s conscience regarding racism and other social justice issues.

Although the year of 2020 is only half over, we have already seen multiple events this year that will be regarded in the future as a watershed time in the history of our nation. For the challenges that lie ahead, it may be wise to keep in mind these words:

“Be the change you wish to see in the world.” - an aphorism reported to have originated from the writings of peacemaker Mahatma Gandhi, circa 1913

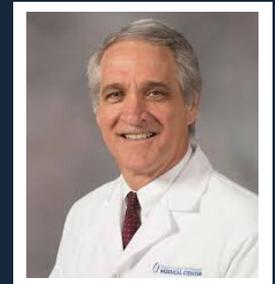
“Injustice anywhere is a threat to justice everywhere.” - The Reverend Martin Luther King, Jr., from his famous work “Letter from Birmingham Jail” in 1963

“This is our time to be kind, to be calm, and to be safe.” - Dr. Bonnie Henry, Canadian public health officer, at the onset of the coronavirus pandemic in March 2020

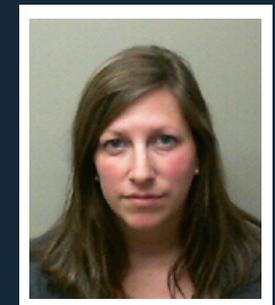
Be well,

Philip
July 1, 2020

Editorial Faculty & Staff



Philip Merideth, M.D.
Editor



Marie Porter
Staff Editor



For Appointments:
(888) 815-2005



To Refer a Patient:
(866) UMC-DOCS



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