

PSYCHIATRY CONNECTION

Psychiatry and Psychology Training Programs: Match Day 2019



The Department of Psychiatry and Human Behavior at the University of Mississippi Medical Center is proud to announce the trainees who were selected during the 2019 match. On medical residency Match Day (March 15), medical students around the country opened their match letters in the presence of family, friends, and mentors. We are pleased to welcome trainees from across the nation who will be with us for the next few years. Our Psychiatry Residency Training Program will welcome ten new psychiatry residents. Our Psychology Residency Training Program will also host six new psychology residents.

▲ Hunter McLendon was welcomed to the department by Drs. Kandra, Houston, Perkins, and Adiba .

Full story on pages 4 and 5 ►

IN THIS ISSUE

Chairman’s Corner.....2	Psychology Residency.....9-10
Division of Psychology3	DNBR11-12
Division of Child Psychiatry.....3	Student Recognition.....13
Cover Story: Match Day 2019.....4-5	Awards and Recognitions.....14
Psychiatry Inpatient Spotlight.....6	Department Photos15-21
Center for Integrative Health.....7	In Memoriam..... 22
Psychiatry Residency.....8	From the Editors 23



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Chairman's Corner

A Word From Our Chair, Dr. Scott Rodgers



In this edition of our newsletter, I'd like to focus on our department's transition to new outpatient locations around metropolitan Jackson. For many years, we have had a disorganized approach to outpatient psychiatry, both in child/adolescent and adult services. As an example, if an adult patient needed medication to treat depression, our schedulers would refer patients either to the Jackson Medical Mall, the Clinical Sciences Building, the 8th Floor administrative suite of the Old Hospital, or the Pavilion. If psychotherapy was indicated, another referral was made to a provider often in a different location. Parking for some of

these locations is poor, and navigating directions within buildings can be enormously challenging, especially for new patients to our practice. With so many different locations, such terrible parking, and such disjointed care, is it any wonder that we have had a 25% no-show rate? The exact same situation existed for the pediatric behavioral health services, except that they also had Select Hospital on Ridgewood Road as another practice site, and there was no meaningful coordination between the Center for the Advancement of Youth and our Division of Child and Adolescent Psychiatry.

All of these issues have now been addressed and hopefully resolved, thanks to the significant efforts of leaders in our department, including our business administrators. An expansion of the Center for the Advancement of Youth will open this spring at Highland Bluff in Northeast Jackson, and our Division of Child and Adolescent Psychiatry outpatient program will become a part of the endeavor. For the first time in UMMC history, our pediatric behavioral health program will combine the efforts of pediatrics, psychiatry, PT/OT, social work, and psychology in one large, beautiful space, making it very easy for our patients to get the assistance they need in one location. A similar expansion and consolidation of our adult outpatient program will happen next fall at Riverchase in Flowood, allowing all psychotherapy and psychopharmacology services to be offered under one roof, again for the first time in UMMC history. We were very deliberate in our planning to include the presence of all of our trainees in these spaces so that our psychiatry and psychology residents, along with our medical students, could experience a first-rate outpatient practice alongside our full-time faculty and staff. We will be closing down our sites in all former locations as we make these moves. Coordinated, organized, seamless care is the gold standard within healthcare, and I believe we are now headed in a very good direction across all areas of our department. It's time to get excited about the future for UMMC's Department of Psychiatry and Human Behavior!

Psychiatric Centers

Center for Integrative Health

Ridgeland (MS)

Located inside of the Holmes Community College Wellness & Fitness Center

Center for Advancement of Youth (Child & Adolescent)

Highland Bluff (NE Jackson)

Riverchase

(Adult Outpatient)

Flowood (MS)

Center for LGBTQ Health

Jackson (MS)

Center for Psychiatric Neuroscience

Jackson (MS)

Center for Developmental Disorders Research

Jackson (MS)

Behavioral Specialty Clinic (Addictions)

Jackson Medical Mall (MS)

The Division of Psychology

Highlighting New Hires: Alli Delozier, Matt Morris, and Tanja Seifen

The Division of Psychology is excited to announce the addition of three new faculty members for the upcoming training year:

- Alli Delozier is currently completing her residency here at UMMC and will transition to a faculty position in July. She is completing her doctoral work at Oklahoma State University. She is a child and adolescent psychologist with research and clinical interests in disorders of sex development and LGBTQI health. She currently serves as Director of Research for UMMC's Center for LGBT Health.
- Matt Morris is an associate professor at Meharry Medical College and completed his doctoral studies at Vanderbilt University. His research and clinical interests are in the connection between trauma and a variety of psychiatric and physical comorbidities.
- Tanja Seifen is currently completing her residency at the University of Alabama at Birmingham and her doctoral work at the University of Mississippi. She is a child and adolescent psychologist and will provide clinical services to both inpatient and outpatient populations.



▲ **Daniel Williams, PhD**
Division Director, Psychology

The Division of Child Psychiatry

Highlighting New Hires: Steven Stafford and Savanna Norfleet

The Child Division is pleased to welcome a new team member, Steven Stafford, LPC. Steven has 18 years of clinical practice experience, including work at Brentwood, Millcreek, and in private practice. He is also a member and Vice Chair of the Mississippi LPC Board and a member of the board of directors of Southern Christian Services. Steven's outpatient practice will be for patients from the age of 5 up to age 17 years. We are fortunate to have Steven join us so that we will have a therapist who will be available to see our patients.



The Child Division is also pleased to welcome Savanna Norfleet, LPC, who started work on April 1st as the Care Coordinator for the CHAMP grant. Savanna has 7 years of clinical experience, including work at The Rankin County Juvenile Detention Center and at Canopy Children's Solutions. Savanna is also trained in Trauma Focused Cognitive Behavioral Therapy, PBIS, and Adoption Competent mental health care. As the Care Coordinator for the CHAMP team, Savanna will have leadership responsibility for all aspects of the work of the grant in building a pediatric mental health teleconsultation service for primary care providers in 24 counties located in the Delta and the Jackson metro area.



▲ **Philip Merideth, MD**
SCWC Co-Director, Child and Adolescent Psychiatry

Psychiatry and Psychology Training Programs: Match Day 2019

Please join us in welcoming our
new incoming Psychiatry
residents for the 2019-2020
Academic Year:



Hunter Warren McLendon
University of Mississippi
School of Medicine



Campbell O'Neal Reynolds
University of Tennessee
Health Science Center
College of Medicine



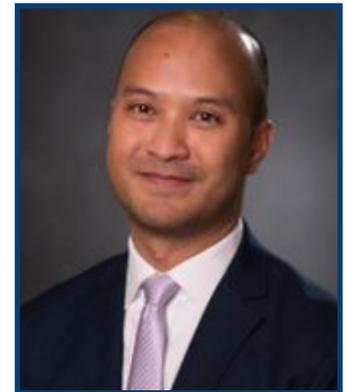
Jeremiah Ellingsworth
William Carey University
College of Osteopathic
Medicine



Bhargav Muppaneni
G.S.I. Medical College,
Rajahmundry



Amandeep Smith
University of Cincinnati
College of Medicine



Sovanarak John Lek
Texas Tech University Health
Science Center
Paul L. Foster School of Medicine



Perry Ellis Morgan, III
University of Mississippi
School of Medicine



Krutika Pandya Chokhawala
SSR Medical College



Andrew Rezk
Western University of Health
Sciences
College of Osteopathic
Medicine of the Pacific



Joshua Allen Trull
Edward Via College of
Osteopathic Medicine
Virginia Campus

Psychiatry and Psychology Training Programs (cont.)

Please join us in welcoming our new incoming Psychology residents for the 2019-2020 Academic Year:

The Adult Track Residents include: Chris Kelly (Fordham); Edward Lannon (Tulsa); and Rory Pfund (Memphis).

The Child Track Residents include: Brittany Merrill (Florida); Jesus “Jay” Barreto Abrams (Gallaudet); and Melanie Stearns (Mississippi).



Chris Kelly
Fordham University—Rosehill



Edward Lannon
University of Tulsa



Rory Pfund
University of Memphis



Brittany Merrill
Florida International University



Jesus “Jay” Barreto Abrams
Gallaudet University



Melanie Stearns
Mississippi State University

Adult Inpatient Services

Highlighting Outstanding Services



▲ Sara Gleason, MD, JD
Vice Chair of Faculty
Development

Meet Judy Cantrell. As Recreational Therapist, she plays a key role on the 7 East treatment team. I recently had a chance to sit down with Judy to discuss her profession and her background.

Judy was born in Memphis and grew up in Quitman County, Mississippi. This year she'll celebrate her 40th high school reunion with classmates from Delta Academy. She earned her bachelor's degree with an emphasis on therapeutic recreation from University of Southern Mississippi in 1984.

She recognizes that many health professionals don't understand recreational therapy (RT). "There's a purpose to it; it's not just diversional," she says. "It's not just playing games all day." Judy explains that sometimes it's her job to teach people to appreciate the importance of leisure. Recreation provides therapeutic benefit. It promotes wellbeing and social skills. It allows a healthy escape from reality. It can help your thinking and your mood.

When working on the 7 East medical-psychiatry unit, Judy often observes that patients present one way in front of doctors and nurses and another way during recreational activities. During a card game in the day room, a patient who was distracted and distressed during rounds might be able to stay on task and even enjoy a few laughs with peers. With arts and crafts, a patient has a chance to complete a project and succeed. There's the realization: "Yes, I can do that!" During recreational therapy, a patient is not defined by illness.

After Judy graduated from Southern Miss in 1984, she started her career at the Baddour Center in Senatobia, where she was house mother to adults with special needs. She later moved to Arkansas where she got her first true RT position at a physical rehabilitation center. A woman of many talents, Judy also played short fielder or rover on a professional softball team for several years in the late 1980's.

In 1991, Judy married and moved to El Paso for more RT career opportunities. In Texas, she enjoyed acquiring new language skills as she worked with Spanish-speaking clients. She and her husband were eventually called back to Mississippi, and over the next couple of decades, Judy worked in several venues, including nursing homes and behavioral health units. She joined UMMC in 2017 in the position of Recreational Therapist. As a Certified Therapeutic Recreation Specialist (CTRS), Judy has demonstrated a high level of competence in her field and she maintains her professional credentials through continuing education. 7 East is grateful to have Judy on the team. She makes a difference every day in the lives of patients and colleagues.



▲ Judy Cantrell, RT
UMMC Psychiatry Inpatient, 7

The Center for Integrative Health

“The first and only treatment center in the state of Mississippi that offers high quality conventional and evidence-based complementary treatments designed to promote health and overall wellness for patients...”

The UMMC Center for Integrative Health (CIH) officially opened its doors on March 4, 2019 at the Holmes Community College Wellness and Fitness Center in Ridgeland, MS. This unique, specialized center offers a patient-centered approach that strongly considers the strengths, goals, and circumstances of each patient in order to optimize their long-term health and wellness.

The Center for Integrative Health is the first and only treatment center in the state of Mississippi that offers high quality conventional and evidence-based complementary treatments designed to promote health and overall wellness for patients with a variety of medical conditions.

Our center serves patients who are struggling to manage and cope with chronic medical conditions with co-occurring emotional/behavioral barriers. The emphasis is not only on managing the condition or illness, but also on establishing a healthy lifestyle. The CIH seeks to empower individuals to maximize their bodies’ innate ability to heal and achieve a sense of balance through wellness education, nutrition, physical activity/movement, stress management, spiritual enhancement, healthy relationships and resiliency, in addition to conventional therapies.

The CIH team is highly skilled in addressing the physical, medical, emotional and psychological needs of patients by providing the tools necessary for patients to successfully manage their medical condition through healthy lifestyles choices. Our team includes:

- Danny Burgess, PhD (Director of the Center for Integrative Health)
- Stacey Kitchens, NP (Associate Director of the Center for Integrative Health)
- Rachel Dear, PT (Physical Therapist)
- Julet Toigo (Medical Office Assistant)

Join us!

We are excited to celebrate the grand opening of the Center for Integrative Health with a ribbon-cutting ceremony on May 2, 2019 from 4pm-6pm. There will be opportunities to win door prizes and participate in health-related demonstrations. Please join us at our new facility located within the Holmes Community College Wellness and Fitness Center.

331 Sunnybrook Road
Ridgeland, MS 39157

CIH Mission Statement

The Center for Integrative Health at the University of Mississippi Medical Center provides transformative patient-centered care through a unified team approach. Our mission is to awaken each patient’s natural capacity for healing through education and targeted lifestyle changes that empower them to evolve from a state of illness to a life of wellness.

CIH Patient Information

Most insurance and healthcare plans accepted. Scheduling is by appointment only. UMMC providers can make referrals through EPIC by selecting “Ambulatory referral to Integrative Health.” For more information about clinical services offered please visit umc.edu/CIH.

CIH Contact Information

Call 601.984.6925 to schedule an appointment.

Adult Psychiatry Residency

Highlighting Incoming and Outgoing Trainees

The adult psychiatry residency has had an exciting and productive recruitment season, interviewing 72 applicants for 10 available PGYI positions for the 2019-2020 academic year. These applicants came from diverse backgrounds and from medical schools that spanned the entire US. With great excitement, we would like to welcome the new residents who will start on July 1, 2019!

Although this is a truly exciting time of year, it also highlights that we will be saying goodbye to residents who have spent 4 years training with us. In June, we will be saying farewell to 4 senior residents and 5 PGY3 residents who will be leaving our program to start a fellowship in Child and Adolescent Psychiatry. We wish the following departing residents the best of luck in their future careers!



▲ Joy Houston, MD
Residency Program Director

- **George “Mike” Anderson, graduating PGY4**
- **Tamara Glenn, graduating PGY4**
- **Kalyan Kandra, graduating PGY4 and outgoing co-Chief Resident**
- **Jayce Miskel, graduating PGY4**
- **Afifa Adiba, departing PGY3 resident (for child psychiatry fellowship at the Yale Child Study Center) and outgoing co-Chief Resident**
- **Cesar Cardenas, departing PGY3 resident (for child psychiatry fellowship at UMMC)**
- **Bryan Gaddy, departing PGY3 resident (for child psychiatry fellowship at Brookdale University Hospital Medical Center)**
- **Nida Khawaja, departing PGY3 resident (for child psychiatry fellowship at University of Buffalo)**
- **Prathyusha Vangala, departing PGY3 resident (for child psychiatry fellowship at Dell Children’s Medical Center of Central Texas)**

Several of our residents recently attended the annual Louisiana/Mississippi Psychiatric Association joint meeting, and we’d like to offer a hearty congratulations to our own Afifa Adiba, who took home the first place prize for the poster competition! (See picture on page 18.)

Congratulations are also due for PGY2 Dustyn Baker, who has been named as a recipient of a Gold Humanism and Excellence in Teaching Award for this academic year!

The annual American Psychiatric Association meeting will be held in San Francisco in May, and we are proud to report that 3 of our residents have had posters accepted to the conference. We are sure they will represent the program well!

Lastly, our residency program was pleased to host the Spring Resident Wellness Retreat on 4/26/19. Please see the pictures of the fun team-building activities on page 21.

Psychology Residency Program Update

Crystal Lim, PhD, Training Director



Current UMMC Psychology Residents (2018-2019)

Adult Track:

Nicholas McAfee (Chief Resident),
The University of Missouri-Columbia

Katherine McCurry,
Virginia Tech

Takakuni Suzuki,
Purdue University—W. Lafayette

Child Track:

Maegan Calvert,
The University of Arkansas—Fayetteville

Alexandria DeLozier,
Oklahoma State University

Anne Morrow,
Florida International University

Current Training Year

The UMMC Psychology Residency Program is in the midst of another great year of training wonderful clinical psychology graduate students. We would like to thank all departmental faculty for their involvement in training our current class of residents in clinical, research, and didactic settings.

During their one year of training in our department, psychology residents complete three 4-month clinical rotations, as well as provide services to patients in the department's outpatient General Psychology Clinic, which is located on the 7th floor of the Clinical Sciences Building. The current class has completed their second rotation and recently started their third rotation.

Our current training year ends on June 30th and we are very proud to announce that to date, most of our residents have secured prestigious post-doctoral fellowship or faculty positions around the country. We wish them all the best in their future endeavors!

Highlighted Psychology Resident Accomplishments

The UMMC Psychology Residency Program is pleased to announce that this training year was the inaugural year for the Scott F. Coffey, Ph.D. Grand Rounds Speakership Research Award. The award is named after Dr. Scott F. Coffey, professor emeritus, who was a faculty member in the UMMC Department of Psychiatry and Human Behavior since 2004 and helped bring the Psychology Training Program and Division of Psychology to national prominence for excellence in research, evidence based practice, and mentorship, and whose career embodied the mission and vision of the Psychology Residency Program. In addition to serving as the Division Director of Psychology and Vice Chair for Research in the department, Dr. Coffey was known internationally for his research in the areas of PTSD, substance use disorders, and treatments for these disorders, as well as for his valuable research mentorship to psychology interns, post-docs, and junior faculty members .

The winner of this award is determined by using a form and process developed by the program's Research Training Oversight Committee and is approved by the Resident Training Committee. Program faculty who attended

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Continued: Psychology Program Updates

psychology resident research rounds presentations rated each talk on the following professional competencies: research, ethics, diversity, professional values, and communication. After careful tallying and review of the ratings, the resident with the average highest ratings overall is selected to receive the award.

The inaugural winner of the award was Nicholas McAfee who presented his grand rounds talk “Do Less Harm: Topics in Addictive Behavior Prevention and Harm Reduction Interventions” on March 15th.

Program Recruitment

The UMMC Psychology Residency Program recently filled 6 positions for the next training year in the psychology internship match with outstanding trainees from across the country. The 2019-2020 Psychology Residents will begin their training at UMMC on July 1st.

The program would like to thank our program administrator, Kristy Herbison, for all of her efforts coordinating our interview days and all of our program faculty who participated in interviewing applicants in individual and group formats.

Future UMMC Psychology Residents (2019-2020 Class):

Adult Track

Chris Kelly - Fordham University (Rosehill)

Edward Lannon – University of Tulsa

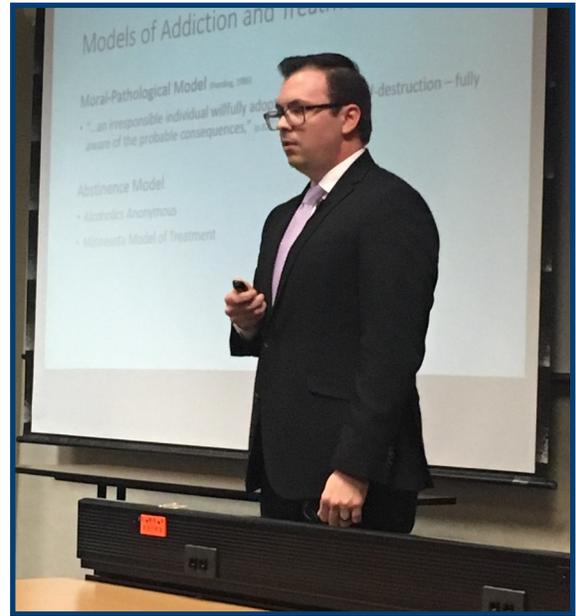
Rory Pfund – University of Memphis

Child Track

Jesus “Jay” Barreto Abrams - Gallaudet University

Brittany Merrill – Florida International University

Melanie Stearns – Mississippi State University



▲ Nicholas McAfee, M.A., psychology resident delivering the inaugural Scott F. Coffey, Ph.D. Grand Rounds Speakership Research Award talk at Psychiatry Grand Rounds on March 15, 2019.

The Division of Neurobiology and Behavior Research



Donna Platt, Ph.D.

Professor and Director of Neurobiology and Behavior Research

The Division of Neurobiology & Behavior Research faculty and trainees have hit the ground running in 2019! We'd especially like to congratulate Drs. Javier Miguel-Hidalgo, Grazyna Rajkowska and James Rowlett for obtaining fundable scores on R21 grants from the National Institutes of Health. DNBR continues to inch forward with our move over to the Translational Research Center (TRC)... it is remarkable the number of moving parts that must be juggled to accomplish this move smoothly! We anticipate the move to be completed soon.

Finally, I would like to call all of Psychiatry's attention to the Neuroscience Research & Innovation Symposium that was held on April 11, 2019 from noon – 6 PM.

This research day included lunch, a keynote speaker, poster presentations, "NRD" talks (brief talks by faculty focused on neuroscience research and development), and a wine and sweets reception. Activities were held throughout the TRC building, including poster presentations by several trainees. If you have any questions about the DNBR, do not hesitate to contact me (dplatt@umc.edu).

DNBR Funding:

Javier Miguel-Hidalgo & Grazyna Rajkowska (co-PIs):

NIH/NIMH R21: "Astrocytes and the pathology of nodes of Ranvier in depression"

James Rowlett (PI):

NIH/NIDA R21: "EEG telemetry in monkeys: Potential markers of benzodiazepine action"

DNBR Publications Since December 2018:

Athey, A., Overholser, J., Beale, E., Lavacot, J., **Stockmeier, CA (2019)** Recent research on suicide risk: Depression and psychosis as risk factors for death by suicide. In: *New Developments in Psychological Research*, (ed. Louis E. Grove), Nova Science, in press

Berro LF, **Rüedi-Bettschen D**, Cook JE, Golani LK, Li G, Jahan R, Rashid F, Cook JM, **Rowlett JK, Platt DM (2019)** GABA_A receptor subtypes and the abuse-related effects of ethanol in rhesus monkeys: Experiments with selective positive allosteric modulators. *Alcohol Clin Exp Ther* in press

Chandler CM, Reeves-Darby J, Jones SA, McDonald JA, Li G, Rahman MT, Cook JM, **Platt DM (2019)** α5GABA_A subunit-containing receptors and sweetened alcohol cue-induced reinstatement and active sweetened alcohol self-administration in male rats. *Psychopharmacology* in press

Crowley JJ, Szatkiewicz J, Kähler AK, Giusti-Rodriguez P, Ancalade N, Booker JK, Carr JL, Crawford GE, Losh M, **Stockmeier CA**, Taylor AK, Piven J, Sullivan PF (2019) Common-variant associations with fragile X syndrome. *Mol Psychiatry* 24:338-344

Moulana M (2019) Immunophenotypic profile of leukocytes in hyperandrogenemic female rat, an animal model of polycystic ovary syndrome. *Life Sci* 220:44-49

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Continued: The Division of Neurobiology and Behavior Research

DNBR Publications Since June 2018 (continued):

Rajkowska G, Miguel-Hidalgo JJ (2019) Glial pathology in major depressive disorder: An approach to investigate the coverage of blood vessels by astrocyte endfeet in human postmortem brain. *Methods Mol Biol* 1938:247-254

Zhang X, Yasuda K, Gilmore RA, Westmoreland SV, **Platt DM**, Miller GM, **Vallender EJ** (2019) Alcohol-induced changes in the gut microbiome and metabolome of rhesus macaques. *Psychopharmacology* in press

DNBR Accomplishments Since June 2018:

Roya Moulana: Poster Communication Award by the Center for Bioethics and Medical Humanities and Rowland Medical Library UMMC for “Inflammation in a rat model of hyperandrogenemia and the role of T cells”

Donna Platt: Regular member of the Neurobiology of Motivated Behavior review panel (grant review: February 28-March 1)

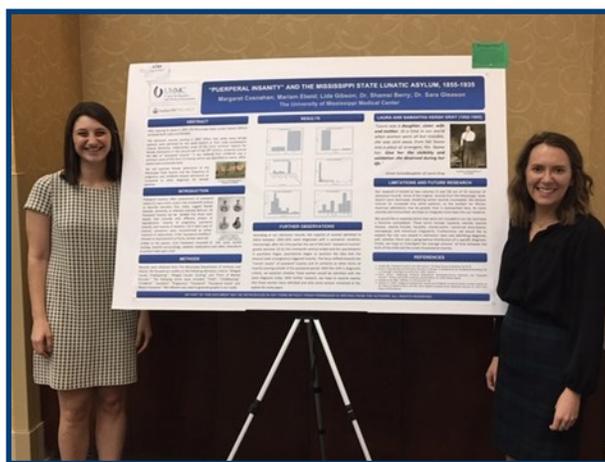
Students Shine at the 83rd Annual Mississippi Academy of Sciences Meeting

UMMC medical students showcased their work on the Asylum Hill Project at the recent annual Mississippi Academy of Sciences meeting. For more information on the Asylum Hill Project, visit <https://www.asylumhillproject.org/>.



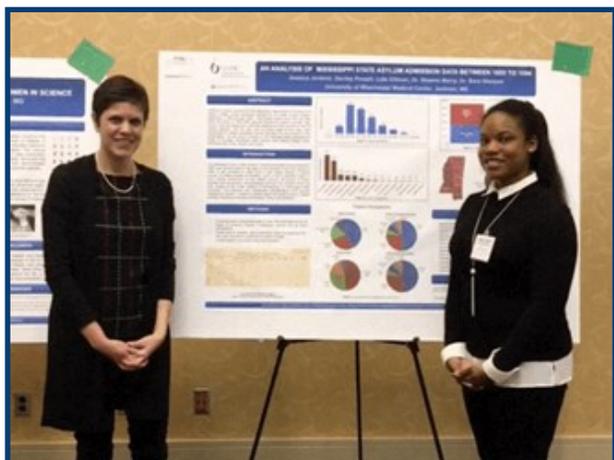
Asylum Hill Project Coordinator, Lida Burris Gibson with M4 Moniqua Tillman and M3 Adam Niolet

The state lunatic asylum and the press: An overview of statewide coverage from 1855 through 1935. A. Niolet, M. Tillam, L.B. Gibson



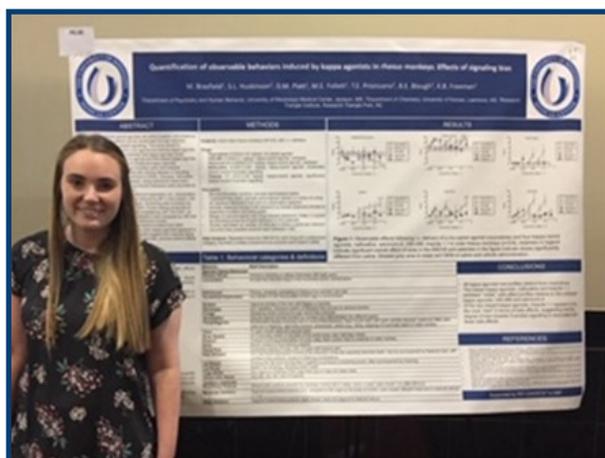
M2 Mariam Ebeid and M2 Margaret Cosnahan

"Puerperal insanity" and the Mississippi state lunatic asylum, 1855-1935. M. Cosnahah, M. Ebied, L.B. Gibson, S. Berry, S.H.Gleason.



Dr. Sara Gleason with M4 Jessica Jenkins

An analysis of Mississippi state asylum admission data between 1885 and 1894. J. Jenkins, D. Powell, L.B. Gibson, S. Berry, S.H.Gleason



Morgan Brasfield, a graduate student in the Biomedical Sciences Masters program at UMMC, presented findings from her study in Dr. Freeman's laboratory searching for novel opioid molecules with reduced side effects.

Graduate student Morgan Brasfield

Quantification of observable behaviors induced by kappa agonists in rhesus monkeys: Effects of signaling bias. M. Brasfield, S.L.Huskinson, D.M. Platt, M.E. Follet, T.E. Prizinzano, B.E. Blough, K.B. Freeman

Awards & Recognitions

Highlighting the Achievements of Faculty and Staff

Dr. Houston – Trailblazer Teaching Award “for demonstrating excellence in medical student education; for engaging, inspiring and mentoring learners; for modeling educational leadership; and for serving as a catalyst for the enhancement of teaching and learning.”

Dr. Parker – NAMI Visionary Leadership Award for demonstrating “excellence and the highest standards in the field of mental health advocacy”.

Dr. Parker – Beacon Award Honorable Mention for demonstrating “inclusive excellence in teaching, instruction, research, or clinical practice at UMMC.”

Dr. Schumacher – Trailblazer Teaching Award “for demonstrating excellence in medical student education; for engaging, inspiring and mentoring learners; for modeling educational leadership; and for serving as a catalyst for the enhancement of teaching and learning.”

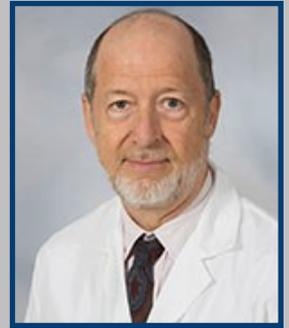
Dr. Schumacher – GWIMS Resilient Spirit Award

Dr. Rajkowska – Congratulations on 25 years at UMMC.



LaTiana Myles is an Administrative Assistant (AAll) in the Department of Psychology. She is also a mother, wife, and author. Recently, LaTiana wrote a honest and open blog with the intention of using the blog to help others learn about love, forgiveness, and the truths about marriage. To her surprise, the blog reached thousands of readers

across multiple social media platforms. LaTiana began to receive heartfelt messages from all over the world including messages from Trinidad and Nigeria. One particular message was from celebrity television host, Tammie Tubbs. LaTiana was invited to be an on-air guest on The Tammie Tubbs Show which airs on the Christian Television Network and was featured during the “Love & Forgiveness” series. The episode will show LaTiana giving her testimony about love, forgiveness, and marriage. “I had no idea that the blog would reach and encourage so many people,” stated LaTiana. “I’m glad to have had the opportunity to share my story with the world.” LaTiana will return on-air later this year to promote her first book which will be published and available for purchase in late September.



Jefferson Parker, PhD
Professor, Vice Chair of Clinical Care



Julie Schumacher, PhD
Professor, Vice Chair of Education

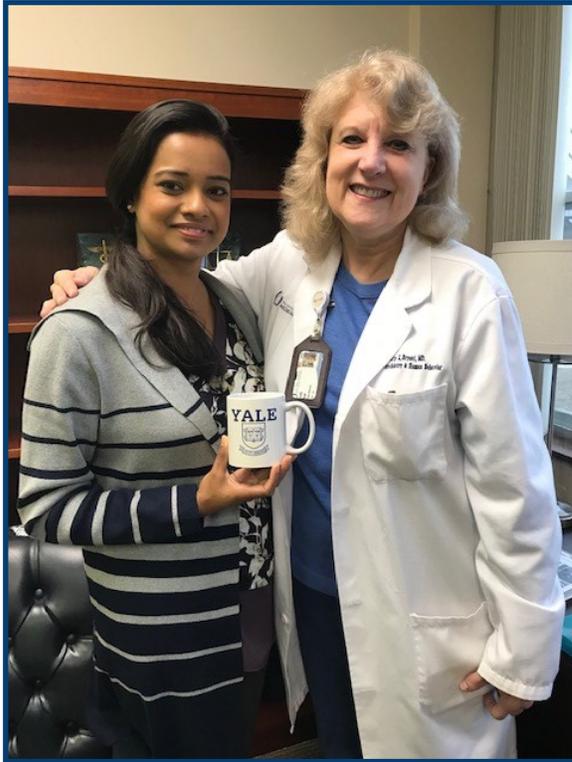


Lillian Joy Houston, MD
Director of Adult Residency Program



Grazyna Rajkowska, PhD
Professor, Center for Psychiatric Neuroscience

Department Highlights



Dr. Affa Adiba, PGY-III and co-chief resident in psychiatry, was recently accepted into the child and adolescent psychiatry fellowship program of the Yale University School of Medicine!

Dr. Bev Bryant, a Yale alumna, congratulated Dr. Adiba on Match day.

Several of our residents at CSI who were participating in Mental Health Advocacy at the capital got to meet the Governor.

Shown here with Governor Bryant are Drs. Finn Perkins, Veronica Pritchard, and Cesar Cardenas.



Continued: Department Highlights



▲ Dr. Finn Perkins, Dr. Mark Ladner, and other faculty members and residents attended the annual meeting of the Mississippi Psychiatric Association in New Orleans in February.

Several of our psychiatry residents gathered to celebrate the wedding of PGY-II Dr. Mary Claire Meeks on January 19th, 2019.

▼ Congratulations Dr. Meeks!



Continued: Department Highlights

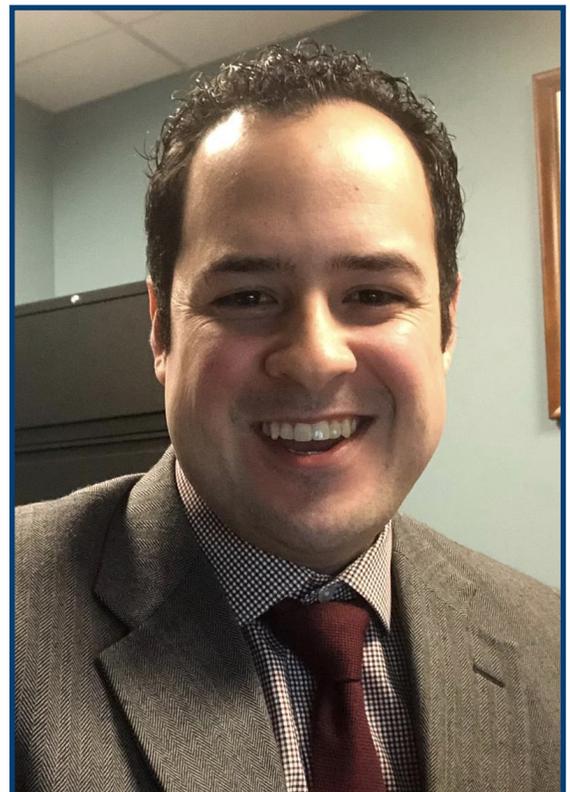


Dr. Prathyusha Vangala married Hima Kiran Alladi on March 14th in Hyderabad, India. It was a five day Hindu marriage celebration starting on March 10th and ending on March 15th. The events included the Sangeet, where the bride, groom, relatives, and friends get together and dance and sing throughout the night, and the Mehndi, where the bride's family gets henna done, as well as several different prayers throughout the week. The wedding itself consisted of several different rituals followed by the tying of the knot.

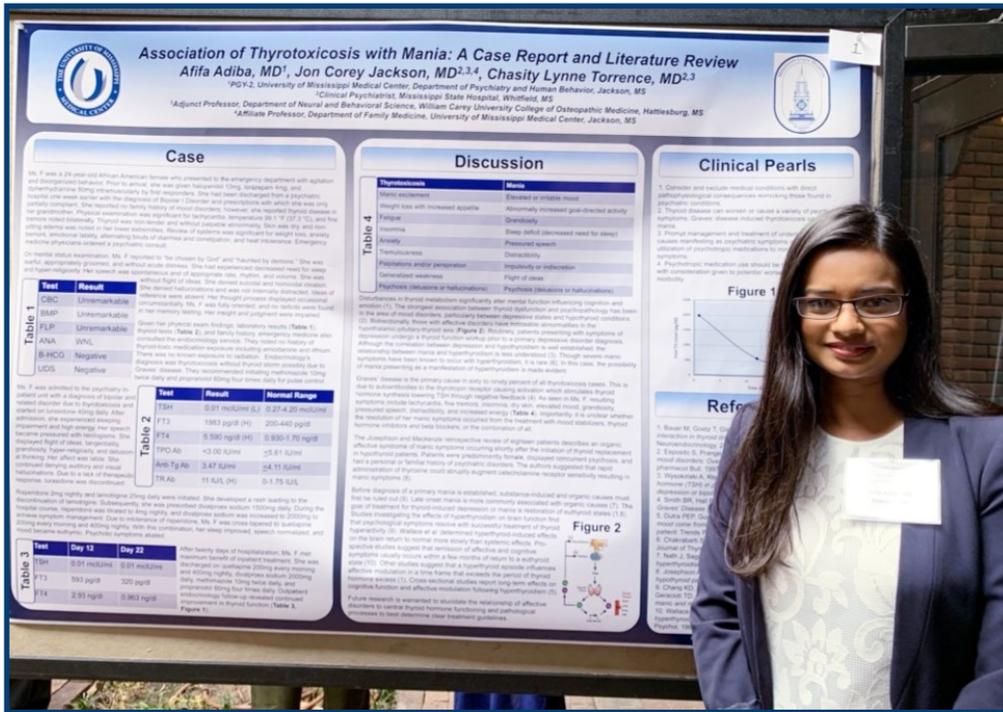
Congratulations, Dr. Vangala!

Dr. Cesar Cardenas, Jr., PGY-3 resident and incoming child psychiatry fellow, recently won the 2019 Child and Adolescent Fellowship Award from the APA/APAF. This award is for a two year consecutive term and is given to five residents per year. This award gives national recognition to Dr. Cardenas and will allow him to participate on an assigned APA council where organizational decisions are made. This award also provides full funding to attend two APA Annual Meetings and September Component Meetings.

Congratulations, Dr. Cardenas!



Continued: Department Highlights



Dr. Afifa Adiba, PGY-III and Co-Chief resident in psychiatry attended the MPA and LMPA annual meeting in February where she presented her poster and won first place! Congratulations, Dr. Adiba!

Special Agent Walter Henry of the FBI spoke at UMMC on 4/17/19 regarding his work in human trafficking. Dr. Shana Holloman (child psychiatry fellow) and Dr. Nida Khawaja (PGY-3 psychiatry resident) met with Agent Henry after the talk to discuss their interest in the mental health treatment of victims of human trafficking.



Continued: Department Highlights

This year, Dr. David Elkin has served as president of the Society of Pediatric Psychology, which is Division 54 of the American Psychological Association. At the annual meeting in New Orleans, which marked the 50th anniversary of the society, Dr. Elkin hosted a reception in honor of the anniversary.



A Farewell Note

This spring we wished our department accountant, Mary Schow, best wishes on her retirement. Mary has been an esteemed employee of UMMC for over 20 years, and most of these years were dedicated to the Department of Psychiatry and Human Behavior. We are so thankful for the contributions she made, especially working with the DNBR on grants and funding. She has been such a valuable member of our department and we will miss her. Please join us in wishing Mary the best in this new chapter of her life!

Continued: Department Highlights



The 3 Circle team recently gathered to honor Terry Garletts, RN with a UMMC "Good Catch" Award. Terry happened to be in front of UMMC one day when a car pulled up with a woman who was delivering a baby. Terry stepped in to literally catch the baby and take care of the situation until other help arrived.

Good catch, Terry!



Continued: Department Highlights



The residents and faculty enjoyed various team building activities, including a game of tug-of-war, and delicious food during the Spring Resident Wellness Retreat.

In Memoriam



Our friend and colleague, Dr. Scott Coffey, UMMC professor emeritus of psychiatry who served on the Medical Center faculty since 2004, died April 9. A memorial service was held on Saturday, April 13.

After receiving his B.S. in psychology from Arizona State University, Coffey earned his Ph.D. in clinical psychology at the University of Mississippi. He completed a postdoctoral research fellowship at the Medical University of South Carolina and, before coming to UMMC, was an assistant professor at the State University of New York at Buffalo.

Dr. Coffey began at UMMC as an associate professor in 2004, taking over as division director for psychology in 2007 and achieving the rank of professor in 2010. He served as the vice chair for research in psychiatry from 2013-18 and became professor emeritus in 2018.

Dr. Coffey's research interests included the treatment of PTSD, substance use disorders and the concurrent treatment of those conditions. In addition, he examined the role of emotion and impulsivity in substance dependence.

From the Editors

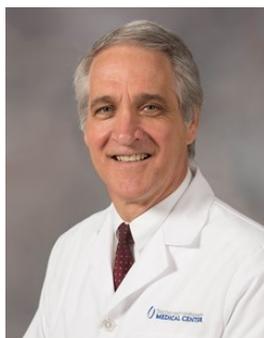
Psychiatry Connection Volume II, Number I

As always, we are so grateful to everyone for their contributions to “Volume II, Number 1” of the Department of Psychiatry and Human Behavior newsletter. This year, we have seen great improvements in our department through new space, new hires, and many new awards and recognitions to staff, faculty, and trainees. We continue to believe that each member of our department brings a unique and important strength to our team, and we hope that this newsletter has helped to spotlight some those strengths as well as all aspects of the life and work of those in our department.

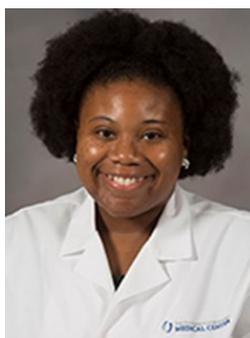
If you would like to submit an article for the next issue, planned for this summer, please email us submissions which can include pictures, announcements, upcoming events, promotions, awards, personal updates, and anything else of general interest to the department.

For the editorial staff,

Anaite Groendyk



Dr. Philip Merideth



Dr. Sarah Cunningham



Anaite Groendyk



Vandria Gaskin

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