

Dermatology CONNECTION



The Newsletter of the University of Mississippi Medical Center Department of Dermatology • Winter 2018

Patient Centered Subspecialty Care

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Nancye McCowan, MD

Program Director, Complex
Medical Dermatology and
Cosmetic Dermatology

Kimberley Ward, MD

Cosmetic, Medical and
Surgical Dermatology

Robert Brodell, MD

General Dermatology and
Dermatopathology

Jeremy Jackson, MD

Cutaneous Lymphoma, Psoriasis
and Inpatient Dermatology

Will Black, MD

Mohs Surgery, Cutaneous
Oncology and Multidisciplinary
Melanoma Clinic

Stephen Helms, MD

Occupational Dermatology
and Patch Testing, Inpatient
Dermatology

Jasmine Hollinger, MD

General Dermatology,
Teledermatology and Skin of Color

Adam Byrd, MD

General Medical and Surgical
Dermatology

Ashley Emerson, MD

Pediatric Dermatology and
Cosmetic Dermatology

Rudolfo Trujillo, MD

Angela Jackson, NP

Denise Gipson, NP

Leslie Partridge, NP

Carmen Matzek, NP

Amanda Stewart, NP

From the Chair

The Department of Dermatology at the University of Mississippi Medical Center continues to move forward on all fronts with the help of our faculty, residents, affiliate faculty and friends. In the past 12 months we have served 42,976 patients, rendered 5,100 dermatopathology diagnoses, started dermatopathology and Mohs fellowships, written 35 journal articles and book chapters, and one book. How does all of this happen?

The unsung heroes of the department are our nurses, head nurses, and nurse practitioners helping us to care for our patients using "team-based care" principles. Perhaps most invisible to others are our administrative leadership team. Taylor Sisson, DHA, MBA, Department Business Administrator; Peg Farnham, Supervisor of Business Operations; Margaret Kovar, Education Administrator; Allie Malone, General Clerk; Mary Ann Craft, Manager of Ambulatory Operations; and Jennifer Bryant, Director of Ambulatory Operations, who help us navigate complex governmental and university regulations, and act on our behalf in thousands of ways. The chair gets too much credit...kudos to the team.



Bob Brodell, MD

Professor and Chair

UMMC Department of Dermatology

Cell: 330-883-5302

The UMMC Department of Dermatology is making good progress toward a goal of developing a world-class department. Our mission is clear:

1. to enhance the patient-centered care provided by dermatologists in Mississippi
2. to focus on subspecialty care needs of patients and to support our dermatology colleagues throughout the state
3. to provide high quality educational programming for medical students, residents and fellows
4. to provide timely and focused continuing medical education (CME) for dermatologists and other health care providers in the State of Mississippi and throughout the region
5. to develop basic science, translational and clinical research programs that extend the knowledge base of dermatology

Residency and Fellowship Program Update

The UMMC Dermatology Residency Program currently boasts 11 residents in training in the PGY-2 through -4 years with 3 PGY-1s joining us next year. Our third class of graduates finished in June 2018 and passed their boards in July, maintaining the program's 100 percent board pass rate. Our residents have been very active in research and produced dozens of peer reviewed publications and book chapters. They also enthusiastically teach medical students and their faculty and lead the department's quality assessment/quality assurance program.

Welcome to the New Residents

Caroline Crabtree

Caroline was born and raised in Birmingham, Alabama. She attended Auburn University, where she graduated *summa cum laude* in Biomedical Sciences. She then returned to her hometown to attend the University of Alabama School of Medicine, where she was inducted as a junior member to the Alpha Omega Alpha Honor Society and graduated *summa cum laude*. She completed her internship in Internal Medicine at the University of Mississippi Medical Center and is now excited to be joining the Department of Dermatology at UMMC. Outside of work, she loves spending time with her husband, cooking, and traveling.



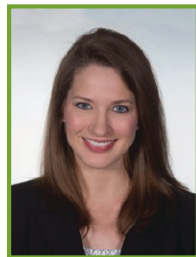
Ira Harber

Ira hails from Iuka, Mississippi. He received his Bachelor of Science in biology from Ole Miss before attending medical school at the University of Mississippi Medical Center. He completed a preliminary year of Internal Medicine at Louisiana State University-New Orleans before returning to UMMC to begin training in Dermatology. He and his wife Alli were married Saturday, June 30, 2018, and he began his Dermatology residency on July 2nd. He and his wife enjoy cooking, Ole Miss sporting events, and planning a belated honeymoon.



Ashton Davis

Ashton was born and raised in Rolling Fork, Mississippi. She graduated *summa cum laude* from Mississippi College, earning a Bachelor of Science degree in Biology Medical Sciences. She then completed her medical degree at the University of Mississippi Medical Center. She was inducted as a senior member into the Alpha Omega Alpha Honor Society, and was also selected for induction into the Gold Humanism Honor Society. She completed her internship in Internal Medicine at UMMC and is now excited to have the opportunity to stay in her home state to complete her Dermatology training. Outside of medicine, Ashton enjoys spending time with her husband, Blake, and two children, Aiden and Madelyn. She also enjoys trying new foods and restaurants, cooking, and interior design.



Caitlyn Reed

Caitlyn was raised in Jackson, Mississippi. She graduated *magna cum laude* from Mississippi College with a bachelor's degree in chemistry before attending medical school at the University of Mississippi Medical Center, where she graduated *summa cum laude* and was inducted as a junior member of Alpha Omega Alpha Honor Society. She also received her Masters of Science in Pathology from UMMC during medical school. She is married to Dustin, a radiology resident, and they have two sons, Charlie and Jack. Outside of work, she enjoys spending time with her family, trying new recipes, and sewing. She is very excited to be joining UMMC's Dermatology Department.



2017-18 Resident, Teaching Awards



Dr. Thy Huynh and Dr. Nancy McCowan



Dr. Chelsea Mockbee and Dr. Nancy McCowan



Dr. Allison Cruse and Dr. Nancy McCowan

Dr. Mark Braswell was awarded the 2017-18 Resident Teaching Award for making learning easy and fun for medical students and inspiring interest in the field of dermatology. M-4 students who rotated throughout the year selected Dr. Braswell for the award.

The 2017-18 Resident Research Award went to **Dr. Thy Huynh** for the enormous impact her writing and research has on physicians and their patients.

The 2017-18 Resident Quality Improvement Award was given to **Dr. Allison Cruse**, whose QI Moment research and presentation had the greatest impact on preventing harm to our patients.

Dr. Chelsea Mockbee was awarded the 2017-18 Resident Professionalism Award for inspiring trust and confidence through compassionate care.

The residents voted to present the 2017-18 Faculty Teaching Award to **Dr. Ashley Emerson** for being an energetic, dedicated, creative and inspiring dermatologist who strives for excellence in teaching, research and clinical care.

The residents awarded the 2017-18 Affiliate Faculty Teaching Award to **Dr. Buu Duong**, a truly kind and caring physician, whose dedication to dermatopathology teaching and mentorship brings out the best in his students.

Two special awards were presented this year. The Program Director's Award was presented to **Dr. William Black**, whose dedication to the education of our residents is reflected by exemplary attendance at Journal Club and Grand Rounds. **Dr. Michael Cosulich** was presented the Surgical Education Award, in recognition for superb teaching of surgical skills to our residents.

Welcome Amanda Stewart

Raised close to UMMC, in Clinton, Amanda received her RN degree from Hinds Community College before obtaining her Bachelor of Science from the University of Alabama in Tuscaloosa. Most recently, she received her Master of Science in Nursing from the University of Alabama at Birmingham and successfully passed her certifying exam. In her spare time, she has contributed her time and expertise to international medical missions. She will be working with Dr. Helms and Dr. Mockbee to assist in the complex evaluation and education of patients with contact dermatitis, including patch testing. In addition, she will be seeing general dermatology patients within our team-based care system to best serve the needs of Mississippians.



Special Thanks!

The department would like to thank

Dr. C. Ralph Daniel

for his donation of

"Scher and Daniel's Nails:

Diagnosis, Surgery, Therapy, 4th Ed."

to each resident and the

Dermatology resident library!

Congratulations

People's Choice Award for Exceptional Poster Presentation

A poster presentation by **Julio Cespedes** and **Kourtland Adams** titled "Referral Redesign: Store and Forward Dermatology in Mississippi" received the People's Choice Award for Exceptional Poster Presentation of Connected Health Research during the Society for Education and the Advancement of Research in Connected Health 2018 Telehealth Research Symposium, held in San Diego, California, Oct. 24-25. The poster described our efforts to leverage the EPIC electronic health record to bring a low cost, asynchronous solution for dermatological access to external community providers. Drs. Hollinger and Brodell, Taylor Sisson, and Jennifer Bryant all contribute to the UMMC telehealth team.

2018 Mentorship Award

Dr. Thy Huynh was selected as one of the Society for Pediatric Dermatology's 2018 Mentorship Award recipients. In April 2019, she will conduct research with Dr. Ilona Frieden at the University of California, San Francisco, on physician preference and prescribing habits of topical timolol vs oral propranolol for infantile hemangioma.

The American Academy of Dermatology 2019 Annual Meeting

UMMC Presentations at AAD 77th Annual Meeting 2019

- Daggett, CM, RT Brodell, JD Jackson, and CR Daniel. 9802 – Onychomycosis in Athletes. Oral presentation and online ePoster, 2019 American Academy of Dermatology Annual Meeting. March 2019. Accepted November 29, 2018.

Saturday, March 2, 2019

- Brodell, RT. F057 Young Physician Pearls and Pitfalls – The Rise of PAs/NPs: Implications for the future. Room 154A/B

Sunday March 3, 2019

- Brodell, RT. P151 - Welcome to the Plenary Session. Ballroom A/B

Monday, March 4, 2019

- Brodell, RT. S055 Optimize Your Practice: Getting It Right and Loving Your Job – Incentivize Physicians to Excellence and Pride. Room 101
- Helms, SE. S055 Optimize Your Practice: Getting It Right and Loving Your Job – Cognitive Errors. Room 101.
- Brodell, RT. S058 Pearls: Diagnostic and Therapeutic – What I Learned from a Mission Trip to Nigeria. Room 145AB

The department will hold an alumni/Friends "get-together" during the 2019 American Academy of Dermatology Annual Meeting in Washington, D.C. The event will be Friday, March 1 from 5-7 p.m. EST at Maxwell Park, 1336 9th St NW, Washington, D.C. Please RSVP to let us know in advance if you would like to attend!

Publications and Presentations

Publications

Hodge BD, N Huynh, RT Brodell. Folly à deux: Topical corticosteroid addiction in mother and son. *JAAD Case Reports* 2019. 5(1): 82-85.
<https://doi.org/10.1016/j.jdc.2018.09.014>

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<https://escholarship.org/uc/item/2w54142d>

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Gathings RM, Casamiquela K, Jackson A, Brodell RT. Tinea incognito in a tattoo. *Cutis*. 2018 May;101(5): E17-E18. PMID: 29894544

Stephens, P. M., Martin, B., Ghafari, G., Luong, J., Nahar, V. K., Pham, L., Luo, J., Savoy, M., & Sharma, M. (In Press). Skin Cancer Knowledge, Attitudes, and Practices (KAP) among Chinese Population: A Narrative Review. *Dermatology Research and Practice*. Received 31 January 2018; Accepted 22 April 2018.

Stoff BK, JM Grant-Kels, RT Brodell, AS Paller, CS Perlis, E Mostow, D Pariser, L Bercovitch. A curriculum in ethics and professionalism for dermatology residencies. 2018. 78 (5): 1032–1034.

Dolohanty L, Brodell RT, Helms SE. Approach to the Diagnosis of Skin Disease. *Scientific American Medicine*, Accepted for 2018 edition

Pham L, Martin B, Nahar VK, Boyas JF, Sharma M, Phipper TA., & Brodell, RT (2017). Skin Cancer Prevention Practices among Nursing Students: A Critical Need for Improvement. *The Journal of the Dermatology Nurses' Association*, 2018 9(4), 196-198.

Harber ID, Adams K, Casamiquela K, Benson B, Herrin V, Helms SE. Bendamustine induced acute generalized exanthematous pustulosis (AGEP) confirmed by patch testing. *Dermatitis* July/August 2018. 28(4):292-93

Desrosiers AS, A Bernieh, AC Byrd, RT Brodell. An eruption of follicular keratotic spicules with alopecia. *SKIN The Journal of Cutaneous Medicine*. 2018. 2(4), 261-263.

Feng J, Frisard C, Nahar VK, Oleski JL, Hillhouse JJ, Lemon SC, Pogato SL. Gender Differences in Indoor Tanning Habits and Location. *J Am Acad Dermatol* (Accepted 20/12/17).

Pearson HJ, RT Brodell, CR Daniel. Novel Insights from Clinical Practice: Seasonal Onychomadesis of the Great Toes. *Skin Appendage Disorders*. (2018) 4:177-79.

Hollinger JC, Angra K, Halder RM. (2018). Are Natural Ingredients Effective in the Management of Hyperpigmentation? A Systematic Review. *J Clin Aesthet Dermatol*, 11(2):28-37. Epub 2018 Feb 1.

Bailey KC, L Wise, T Breeden, RT Brodell. PhotoRounds: Persistent Facial Hyperpigmentation. *The Journal of Family Practice*. Accepted 2/10/18.

Cochran A, Petitjean J, Brodell RT. (2018). A Case of a 2-Year-Old with Tinea Capitis Associated with Tinea Faciei and Corporis. *American Medical Student Research Journal*. Accepted 5/3/18.

Reed CT, CS Mockbee, RT Brodell, SE Helms. Images in dermatology: Is the hip prosthesis responsible for this rash? *JAAD Case Reports*. 2018. 4 (1): 1–3. Available online: December 2017.
<https://doi.org/10.1016/j.jdc.2016.11.011>

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Helms SE, RT Brodell. Commentary: Let's Acknowledge Our Mistakes and Learn from Them! *British Journal of Dermatology*. Accepted July 26, 2018.

Abbas A, M Braswell, RT Brodell. Glomuvenous Malformations in a Young Male. *Derm Online J*. Accepted 9/1/18.

Fitzpatrick A, RT Brodell. Sudden eruption of painful, irregular ulcers on the gingiva, tongue, and buccal mucosa. *Journal of Family Practice*. Accepted 9/3/18.

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Desrosiers A, S Jacks. A barrier to Care: distance travelled affects adherence and follow-up plans for patients with infantile hemangioma. *Pediatric Dermatology*. Accepted Sept 16, 2018.

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Nahar, V. K., Wilkerson, A. H., Stephens, P. M., Kim, R. W., & Sharma, M. (In Press). Testing Multi-Theory Model (MTM) in Predicting Initiation and Sustenance of Physical Activity Behavior among Osteopathic Medical Students. *The Journal of the American Osteopathic Association*.

Pagoto S, Nahar V, Frisard C. A Comparison of Tanning Habits Among Gym Tanners and Other Tanners. *JAMA Dermatol*. Published online July 18, 2018. doi:10.1001/jamadermatol.2018.1779.

Presentations

Christopher WO, Ray AG, Brodell RT, Sheehan NT, Seawright AH, Wynn JJ, Anderson CD, Earl TM, Orr WS. An Opportunity for Improvement in Acral Lentiginous Melanoma: A comparison between African Americans and Caucasians. *Southwestern Surgical Congress Annual Meeting*. Spring 2018.

Fitzpatrick A, MA Braswell, J Ibrahim, S Jacks, RT Brodell. Access to Pediatric Dermatology Care in Mississippi. *Mississippi Academy of Sciences* Feb. 22 -23, 2018, Hattiesburg, MS.

Pagoto SL, Nahar VK, Frisard C, Lemon SC, Hillhouse JJ, & Oleski JL. Indoor Tanners Who Tan in Fitness Centers. 4th International Conference on UV and Skin Cancer Prevention. Toronto, Canada, May 1-4, 2018 (Accepted)

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Cespedes J, K Adams, RT Brodell, J Hollinger. Telehealth Research Symposium 2018 Oct. 24-25 San Diego, CA. Society for Education and the Advancement of Research in Connected Health

Nahar, V. K., Sharma, M., Kim, R. W., Stephens, P. M., Johnson, E. C., & Johnson, J. W. Use of the Multi-theory Model (MTM) in Predicting Initiation and Sustenance of Stress Management Behaviors in Veterinary Students. Association of American Veterinary Medical Colleges, Annual Meeting, Washington, DC, March, 2019. (Accepted, to be presented).

Nahar, V. K., Patel, F. C., Raines J. A., Kim, R. W., Gruszynski, K., Sharma, M., Patterson, G., & Johnson, J. W. Exploring Attitudes and Practices Regarding Vet Shopping among Veterinarians Practicing in Tri-State Appalachian Counties. Association of American Veterinary Medical Colleges, Annual Meeting, Washington, DC, March, 2019. (Accepted, to be presented).

Kadevari, P. M., Moore, L. N., Stephens, P. M., Nahar, V. K., Ghafari, G., Memon, M., Bains, S., Patterson, G., & Sharma, M. Rabies related Knowledge, Attitudes, and Practices (KAP) in India: A Narrative Review of Literature. Consortium of Universities for Global Health, Annual Meeting, Chicago, IL, March 2019. (Accepted, to be presented).

Nahar, V. K., Sharma, M., Catalano, H. P., Stephens, P. M., Kim, R. W., & Johnson, J. W. Application of PRECEDE-PROCEED model to Assess Needs for preventing Opioid Addiction in Tri-state Appalachian Counties. Society for Public Health Education, Annual Meeting, Salt Lake City, UT, March, 2019. (Accepted, to be presented).

Nahar, V. K., Sharma, M., Kim, R. W., Stephens, P. M., Johnson, E. C., & Johnson, J. W. Prediction of Initiation and Sustenance of Stress Management Behaviors in Veterinary Students: A Test of the Multi-theory Model. Society for Public Health Education, Annual Meeting, Salt Lake City, UT, March, 2019. (Accepted, to be presented).

Nahar, V. K., & Sharma, M. Understanding and Predicting Indoor Tanning Cessation using Multi-theory Model of Health Behavior Change. Dermatology Nurses' Association, Annual Meeting, Washington, DC, February, 2019. (Accepted, to be presented).

Dermatology CONNECTION

Stephen Helms, MD, Editor
Margaret Kovar, Assistant Editor

