



monday 10/12/20

tuesday 10/13/20

action station this week

Monday

Creole White Beans & Carved Sausage Bar

tue/wed/thu

Egg Roll in a Bowl



Friday

Fried Fish Basket

DRUMS & FLATS
WHAT'S YOUR STYLE?
DRY RUBBED OR SAUCED?
DRESS IT UP!
NICK UP YOUR MEAL!
ADD A SLICE OF HONEY KISSED CORNBREAD. CAL. ADD FOR \$1.50

VERDE
Fresh Latin Kitchen
CHOOSE YOUR BASE
ADD VEGGIES
PICK A PROTEIN
TOP IT OFF
ADD SOME CRUNCH
ADD CRISP AND SALSA LOCAL. ADD FOR \$1.50

Build your bowl, and choose your sides

wednesday 10/14/20

thursday 10/15/20

OKRA
COMFORT FOOD TO FEED YOUR SOUL
PICK YOUR PROTEIN \$8
CHOOSE TWO SIDES
FINISH WITH BREAD
MAKE IT A MEAL! Add a LG Chocolate Chip Cookie (add est. \$3.00 for \$1.50)
2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

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soup's on

- m vegetable rice
- t tomato basil bisque
- t southwest tortilla
- w vegetarian vegetable
- w Italian wedding
- t fire roasted corn soup
- t tomato basil bisque
- f beef vegetable
- f vegetarian vegetable
- f broccoli cheddar

Buy any Energy Drink regular Price and Get the 2nd For \$2



friday 10/16/20

saturday & sunday

THE SMOKEHOUSE
LIVE AND LET THE FRIES UP
PICK YOUR PROTEIN
SELECT TWO SIDES
FINISH WITH A SAUCE
BRING THE HEAT!
ADD A SLICE OF HONEY KISSED CORNBREAD. CAL. ADD FOR \$1.50

Chef Special served from 11am-2pm
Grill is open!

Pizza Salad bar
On the Go

We ❤️ our customers!

Email Comments:
Diningservices@umc.edu
We appreciate your input!

Cobbler & Ice Cream
Tuesday and Wednesday
2:30pm-4:00pm

Warm Cobbler served with ice cream!
\$5.49 (\$4.39 after discount)



Café Hours

Chick fil A

Monday-Friday

6a-10:30a & 11a-3p

Grill

Monday-Sunday

6a-10:30a, 11a-10:30p & 11p-3a

Salad Station

Monday-Sunday

11a-10:30p & 11p-1a

Traditional Line

Monday-Friday

11a-2p

