



## New CRC screening guidelines from the ACS [\(Back to Top\)](#)

RJD

Today's issue of CA: A Journal for Cancer Clinicians contains a recommendation from the American Cancer Society to lower the age at which colorectal cancer screening should begin for average-risk individuals. While the article states that there is still a strong recommendation to begin screening at age 50, the new guideline is a qualified recommendation to begin screening at age 45.

I strongly urge you to follow the "READ MORE" link to read this article by Wolf and co-workers. If you're about to leave for summer vacation, just print it out to read on the beach. When you're finished, give it to a random stranger who looks like they're in their mid-40s. Trust me, random strangers love it when you start talking about colonoscopies and stool-based screens.

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## Seriously, tell people to get screened at 45 [\(Back to Top\)](#)

RJD

It's impossible to predict the future, but I will go out on a limb. This could be the most significant colorectal cancer screening announcement of this summer. Today (May 30, 2018) the American Cancer Society released a new recommendation that average-risk individuals begin screening for colorectal cancer at the age of 45.

It should be noted that existing American College of Gastroenterology guidelines state that "Screening is recommended in African Americans beginning at age 45 years." African Americans are at greater risk of developing, and dying from, colorectal cancer than the general (average-risk) public.

To see the new recommendation, please follow the "READ MORE" link to the American Cancer Society's website.

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## It's summer!

If you're wondering why this month's edition has fewer articles than usual, it's because it's summer! This is a great time to work on the many projects discussed in last month's newsletter (Issue #26, April 2018). Please contact RJD if you are interested in working on any of the following projects: 1) the Telehealth CRC screening navigation project; 2) the Adams/Jefferson/Mississippi Delta Community Engagement project; 3) moderating the 70x2020 Colorectal Cancer Screening Initiative FaceBook group; 4) planning the 2018 annual 70x2020 conference; 5) helping Mississippi organizations fulfill their 80% by 2018 pledge; 6) establishing an ECHO Hub in Mississippi. These and other efforts need your help, and I look forward to hearing from you soon!

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