

From the University of Mississippi Medical Center Division of Public Affairs

UMMC'S WISER HOSPITAL OFFERS FREE CHILDBIRTH CLASSES

For more information contact Patrice Guilfoyle at (601) 815-3940 or pguilfoyle@umc.edu.

JACKSON, Miss. – Wiser Hospital for Women and Infants at the University of Mississippi Medical Center offers free childbirth classes for expectant parents. The May classes will be held at 6 p.m. on Tuesday, May 3, 10, 17, and 31. The classes are taught by certified Lamaze instructors and provide parents information and guidance for the birthing experience. Topics include labor and delivery, relaxation techniques, pain management, infant feeding, and postpartum care. Space is limited so call (601) 815-7455 or email women@umc.edu to register.

4/28/11

Please forward this message to colleagues who might be interested. If you wish to be removed from this list or know of a colleague to add, send an e-mail message to: LAGriffin@umc.edu.

The University of Mississippi Medical Center, located in Jackson, is the state's only academic medical center. University of Mississippi Health Care represents the clinical programs of the Medical Center and includes University Hospitals and Health System and University Physicians, the faculty group practice. UMMC encompasses five health science schools, including medicine, nursing, health related professions, dentistry and graduate studies, as well as the site where University of Mississippi pharmacy students do their clinical training. The Medical Center's threefold mission is to educate tomorrow's health-care professionals, conduct innovative research to improve human health, and to provide the highest quality care available to the state's citizens. A major goal of the Medical Center is the improvement of the health of Mississippians and the elimination of health disparities. For more information, contact the Division of Public Affairs at 601-984-1100 or visit us on the Web at <http://www.umc.edu/>